

# CUMULATIVE REPORT

## MEDICAL PROGRAM 2025



*"There is no greater joy than to make a fundamental change in someone's life"*

*Sister Mary Rose McGeady*

TERESIA WAIRIMU- MEDICAL PROGRAMME  
DIRECTOR

[www.partnersforcare.org](http://www.partnersforcare.org)



## HISTORY OF THE CLINIC

Partners for Care Medical Center was established in 2011 in response to the urgent need for health

marginalized Jua Kali slum in Marurui. At the time, residents faced significant barriers to medical care, and the local government health facility was overwhelmed by a high patient load. The clinic was founded to expand access to care while easing pressure on the Marurui Health Center.

The establishment of the clinic was made possible through an initial donation of \$ **25,000** from Cris Willis and Gary, whose support enabled the launch of medical services for the slum dwellers in Marurui.

Since its inception, Partners for Care Medical Center has served highly marginalized populations, primarily individuals living on less than one dollar a day within the Jua Kali and other neighboring slums. In partnership with the Marurui

Health Center, the clinic provides essential primary healthcare services to these community members who are unable to afford medical care due to financial constraints.

The facility offers both curative and preventive services, including health screenings and childhood immunizations, to protect children from life-threatening diseases and improve overall community health. In addition to clinical services, Partners for Care conducts community health education meetings at the clinic, in schools, and in local places of worship to promote disease prevention and healthy practices. Through these efforts, Partners for Care Medical Center continues to expand access to quality primary healthcare while empowering a vulnerable community to improve and sustain its health and well-being.

Since inception, the clinic has served hundreds of adults and children at the facility, home visits and health education.

Although curative care remains essential, Partners for Care Medical Centre places greater emphasis on preventing illness through health education and early disease screening.

# Partners for Care clinic staff



**Dr. Terry-facility Incharge**



**Max-Community coordinator**



**Nancy-Pharmacy technician**

# OUR SERVICES

## Outpatient-Clinic services

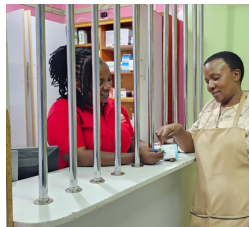
PFC clinic has served hundreds patients, comprising both adults and children since inception. Adults seen at clinic:**41,802** Children seen at clinic:**13,631** Upon arrival at the clinic, patients are first registered into our Circles of Health programme where a membership card is given and is renewed monthly , after which they are seen by a doctor in the consultation room. Following the consultation, prescribed medications are dispensed at the on-site pharmacy.



**Registration**



**Consultation**



**Dispensing**



**Registration card**

The clinic provides care for common illnesses, chronic conditions, maternal and child health needs, and follow-up services, ensuring timely access to essential medical care.

# CHILD HEALTH AND IMMUNIZATION

The PFC Medical Programme continues to prioritize child health through the provision of immunization services and preventive care. The immunization programme was launched on June 13th 2023 in collaboration with the Ministry Health.

Approval of the programme followed extensive training on accurate vaccine data entry and strict daily monitoring of vaccine refrigerator temperatures to ensure proper storage and vaccine viability before administration.

The Ministry of Health requires monthly reporting of immunization data to confirm that the targeted population according to the EPI-(Expanded Programme for Immunization) schedule is reached and that all vaccines remain potent and viable upon delivery to beneficiaries.

To date ,there have been 1,960 children immunized. These efforts contributed improved child health outcomes and protection against preventable diseases.



**Children getting the measles vaccine**



**Our WHO approved vaccine freezer**

# COMMUNITY HEALTH EDUCATION

Community health education is vital in empowering individuals with knowledge to prevent disease and maintain healthy lifestyles.

Since its inception, the clinic staff have conducted **283** health education sessions, reaching a total of **8,293** participants. The target audience has been diverse and includes young mothers, middle-aged mothers, young adult men and women, as well as pre-teens and adolescents.

To evaluate knowledge acquisition, a pre-test is administered prior to each session and a post-test at the conclusion of the training. Consistently, post-test results demonstrate a marked improvement compared to pre-test scores, indicating effective knowledge uptake and achievement of learning objectives.



**Community health teaching**



**Training in the church**



**Training in school**

## PREVENTIVE HEALTH SCREENINGS

Preventive healthcare plays a critical role in reducing disease burden and improving long-term health outcomes. Since its inception, the clinic staff has implemented extensive screening activities, including **30,879** blood pressure (BP) screenings and **23,184** blood sugar screenings, demonstrating a strong commitment to early detection and disease prevention. These screenings facilitated the early detection of hypertension and diabetes. As a result, **6,176** individuals with elevated blood pressure and **4,637** individuals with diabetes were referred for further evaluation and management. Those who did not require referral were provided with targeted health education and counseling on lifestyle modification to support disease prevention and control.



**Blood sugar screening**



**Blood pressure  
screening**

## HOME-BASED CARE SERVICES

Home-based care remains a core component of the PFC Medical Programme, particularly for patients with mobility challenges, chronic illnesses, and those requiring continuous follow-up. Every afternoon, PFC clinic staff make their way into the slums to see patients who are unable to make it to the clinic. The distance to the slum varies from a mile to a mile and a half.

Since inception, number of home visits conducted: **4808** and number of patients seen through home visits: **8496** These visits enhanced continuity of care, medication adherence, monitoring of chronic conditions, and provided psychosocial support to patients and families.



**Nancy screening for blood pressure**



**Max visiting the new born set of twins**



**Jua kali slum**

## IMPACT

“I was diagnosed with high blood pressure during a Partners for Care community screening, despite having no symptoms. Through their ongoing support, I have managed my condition well. Later, health education at the clinic helped me detect breast cancer early, allowing timely treatment. The team also supported me through home-based care when I was unwell. I am deeply grateful to Partners for Care—they are more than healthcare providers; they are family.”-78yrs Susan

“For over five years, Partners for Care Medical Centre has been my source of hope and comfort. I learned about my high blood pressure and blood sugar during a community screening, and since then, the Circles of Health Programme has helped me regain control of my health and peace of mind.

What touches me most is their kindness—when I cannot visit the clinic, they come to my home to check on me. Their warm smiles and calling me by my maiden name, Angelica Njoki, make me feel truly loved and cared for. I thank God for Partners for Care and the compassionate hearts behind it.”

— Angelica Njoki, 90 years old

“When I first heard about Partners for Care and the Circles for Health programme, I was skeptical because healthcare is often costly and hard to access. After joining, I was amazed—not only by the care provided, but by how we are taught to take charge of our own health.

After one year, my family and I live healthier lives and rarely need clinic visits. When I recently fell ill and missed a meeting, the team checked on me at home through their M-Health support. Knowing that people genuinely care about my well-being means everything to me. I am truly grateful.”

— Margaret Mwhaki, 48 years old

“I joined the Circles of Health program three years ago after being diagnosed with hypertension. The knowledge and support I received encouraged me to invite my friends and neighbors to join, and together we have built a strong support system.

As widows whose children live far away, we rely on each other to attend our diabetes and hypertension clinics, making the journey easier and more comforting. Today, the PFC team visited to check on my progress and also cared for my friends. We are deeply grateful for their dedication and compassion in helping us manage our health.”

— Irene Wambui, 78 years

*We must stop and thank the people who make a difference in our lives. ~ John F Kennedy*