

# CUMULATIVE REPORT

# MOBILITY PROGRAM 2025



*we rise by lifting others. Robert Ingerson*

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# History

Mobility carts and devices program goal is to give every Kenyan the gift of mobility. Mobility carts and devices program began when Partners for Care (PFC) rescued a container from another organisation in **2012**. In that container were three mobility carts. When staff saw that these mobility carts give the gift of mobility to those crawling on the ground they were eager for more. Since receiving these carts PFC has distributed **12,291** mobility carts (hand crank carts) to people living with disabilities.

PFC works in partnership with Mobility Worldwide. The mobility carts have been distributed in schools, children homes, informal settlements, and urban and rural areas across **47** counties in Kenya. We have also distributed mobility carts in Somalia, Ethiopia and Uganda.

PFC also distribute adaptive equipment addresses critical barriers faced by individuals with disabilities, the elderly, and those recovering from injury or illness across Kenya. This initiative not only restores mobility but also promotes dignity, self-reliance, and social inclusion, enabling beneficiary to access education, employment, healthcare, and family life more fully.

## Adaptive equipment

For adaptive equipment PFC partners with Mobility Worldwide and Friends of Disabled Adults and Children (FODAC). To date, we have received and distributed over **72,000** pieces of adaptive equipment.

We receive comprehensive range of adaptive equipment tailored to diverse user needs, including walkers, walking canes, adult wheelchairs, pediatric wheelchairs, powered wheelchairs, white canes for the visually impaired, crutches, commodes, standing aids, rollators with seats for enhanced stability, knee walkers for post-surgical recovery, transfer benches for safe bathing, hospital beds for home care, and specialized orthotics like ankle-foot braces.

## Distributions

PFC believes in delivering mobility carts and adaptive equipment through trusted local partners, one cart, one piece of adaptive equipment at a time. PFC works in partnership with over **300** partners in the country: the government of Kenya, the county governments, religious groups, non-governmental organizations (NGOs), community based organizations (CBOs), self help groups, refugee groups, health facilities, service clubs like Rotary International and Lions International among others to distribute adaptive equipment and mobility carts.

This deliberate, personalized approach ensures each beneficiary receives exactly what they need, precisely when they need it, fostering sustainable integration into their communities rather than relying on mass distribution methods that can overlook individual circumstances.

**"The best way to find yourself is to lose yourself in the service of others." – Mahatma Gandhi**

By focusing on individual delivery, PFC enables profound transformation across multiple dimensions of beneficiaries' lives.

- Financially, recipients gain access to table banking groups, micro-finance cooperatives, and income-generating activities such as farming, or craft-making, allowing them to benefit economically and build savings.
- Socially, mobility restores family bonds, enables peer support networks, and opens doors to community events where they can connect meaningfully with others.
- On the community level, beneficiaries take active roles in leadership forums, church groups, and local decision-making processes, becoming advocates for inclusion rather than remaining on the margins.
- Mentally and emotionally, this independence boosts self-esteem, reduces isolation, and instills renewed purpose—transforming lives from dependency to dignity.

PFC follows the pillars of disability inclusion and women's leadership. This commitment has earned PFC the prestigious Person with disabilities Inclusion awards one award from Kenya Red Cross and two awards from Diversity Inclusion Awards and Recognition (5<sup>th</sup> and 7<sup>th</sup> edition).

PFC follows the World Health Organization (WHO) guideline. This is an 8-steps process for the provision of wheeled mobility and positioning devices, ensuring equitable, user-centered distribution.

This 8-step guideline provides a structured, user-centered process for assistive device provision, particularly relevant in low-resource settings like Kenya and focuses on disability empowerment.

This sequential approach ensures devices meet individual needs, environments, and capacities for long-term impact.

- Referral and screening: Identify potential users through community outreach, health facilities, or self-referral, followed by initial screening for eligibility and needs.
- Assessment: Conduct comprehensive evaluations (physical, functional, environmental) using tools like WHO's assistive product assessment protocols to match devices to user needs.
- Goal setting: Collaborate with the user, family, and stakeholders to define realistic, measurable goals for device use and independence.
- Device selection: Choose appropriate assistive devices (e.g., mobility carts) based on assessment, availability, cost, and local manufacturability, prioritizing durable, low-maintenance options.

**"Only a life lived for others is a life worthwhile." – Albert Einstein**

- Device fitting and customization: Fit and adapt the device on-site, ensuring comfort, safety, and functionality with basic tools common in resource-limited areas.
- User training: Provide hands-on training for the user and caregivers on device use, maintenance, and troubleshooting, using simple visual aids and local languages.
- Follow-up and monitoring: Schedule regular check-ins (e.g., 1 week, 1 month, 3 months) to assess usage, address issues, and make adjustments.
- Review and referral: Evaluate outcomes against goals, provide upgrades or referrals if needed, and document for program improvement and donor reporting.

## Mel West Vision

Mel West, co-founder of Mobility Worldwide (established **1994**), shared a pivotal divine vision with Connie Cheren, Founder and President of Partners for Care (PFC). God revealed a nation achieving widespread mobility for persons with disabilities, overcoming physical and environmental barriers. This nation was identified as Kenya.

PFC launched the Mel West Vision in **2024**, targeting counties sequentially to ensure scalable, sustainable mobility. Mel West Vision **1** focused on Trans Nzoia County, partnering with Honourable Siyoi Lillian, women representative, to integrate gender-sensitive distribution aligning with PFC's empowerment goals. PFC distributed **6,113** mobility carts and adaptive equipment.



Photos taken during the launch of Mel West Vision **1**

**"Life's most persistent and urgent question is, 'What are you doing for others?'" – Martin Luther King Jr.**

# Mel West Vision 2

In 2025, Partners for Care (PFC) launched Mel West Vision **2** in Tharaka Nithi County, building on Mel West Vision **1** success in Trans Nzoia county. This phase partners with Honourable Margaret Muthomi, the County First Lady, to advance disability inclusion and gender empowerment through targeted assistive device distribution. The initiative continues the vision shared by Mel West making Kenya mobile, county by county.

PFC aims to distribute a total of **5,178** devices, enabling county-wide mobility for persons with disabilities and enhancing access to livelihoods, education, and leadership. To-date we have received and donated **4,123** pieces of devices.



Photos taken during the launch of Mel West Vision **2**

**"In the quiet act of compassion, we lift another's burden and find our own hearts lightened—true mobility begins where empathy meets action." Anonymous**

# Impact

Partners for Care (PFC), in partnership with Mount Kenya University (MKU), conducted a study to ascertain the psycho-social and economic impact of mobility carts distributed to persons with physical disabilities in Kiambu County, Kenya.

The study titled "A Study on the Psycho-Social and Economic Impact of Mobility Carts Distributed by Partners for Care (PFC) among Physically Challenged Persons in Kiambu County – Kenya" examines the transformative effects of PFC's mobility carts on people with disabilities (PWDs).

The study was published in the International Journal of Economics, Commerce and Management (Volume VII, Issue 12, December 2019). The research targeted 50 beneficiaries of PFC-donated mobility carts across 8 sub-counties in Kiambu County, Kenya.

It used open and closed ended questions administered by the researcher and an assistant.

Respondents were grouped by usage duration: 1-12 months (50%), 13-24 months (30.5%), and over 24 months (19.5%), ensuring varied insights.

The following were the results from the study:

- Remarkable boost in self-esteem for all groups.
- Enhanced family interactions, reducing isolation.
- Improved societal engagement and fewer rejections.
- Increased economic productivity via market access.
- Greater self-reliance, especially in longer-term users
- All respondents reported life-changing positive shifts.
- Newer users (1-12 months) gained initial independence quickly.
- Medium-term (13-24 months) saw sustained social integration.
- Long-term (>24 months) experienced deepest psychological benefits.
- Enabled church attendance and community events.
- Supported small-scale income generation (e.g., goods transport).
- Reduced dependency on family for daily needs.
- Holistic welfare improvements: physical, emotional, spiritual.
- Over half of surveyed had limited education, yet carts bridged gaps.
- Strong alignment with gender empowerment via mobility equity.

**“Small acts, when multiplied by millions of people Sawalich , can transform the world.” – Howard**

# Beneficiaries' testimonials

My name is Johnstone Mutunga, and I was born abled. All my life, I have depended on others hoisting me up, family carrying me like a child.

Partners for Care gave me a mobility cart. After I received my cart, I gripped the handles, and rolled forward.

For the first time, I was upright, unstoppable, my spirit soaring like I would be chained too long. Now I glide to school every day.

This cart gave me independence and freedom. Partners for Care, from the depths of my soul, thank you. You have given me my life back.

## Johnstone Mutunga



## Stanley Kinyanjui



I am Maya, a joyful mother since Stanley Kinyanjui got his small cart from Partners for Care.

Polio confined him for years and I carried him everywhere, my strength fading under the weight.

Now Stanley rides independently to school, and leads at church our village star.

Unburdened, now I work with a smile, providing for us all thank you for lightening our load forever.

"If you want others to be happy, practice compassion. If you want to be happy, practice compassion." Dalai Lama

## Amina Wanja



I am Grace, a happy mother beaming with joy since Partners for Care brought us Amina's pull cart.

For years, my back screamed carrying her. I pull her to school. She plays tag with friends, and shines at church.

I dance to work unburdened, earning for our family, my heart light God and Partners for Care lightened our load.

## My Hero on Wheels

I am Fatuma, and for four years, I have carried my son Julius since meningitis took his legs at age two. It is exhausting my back burns, but he is my heart.

Then came the mobility cart from Partners for Care. Julius rode laughing, free at last. Tears fell as I felt relief wash over me.

Now he cycles to school alone, plays socially with friends, and joins me at church. He's a village hero every child wants his cart.

I can finally go to work, earning to feed our other five children, unlike the weary days before. God has lightened our load. has lightened our load

## Julius Karisa



## My Wheels of Dignity

For more than thirty years, I crawled on the ground. I am Joan Mwandime, a mother of two, Amina and Juma.

PFC gifted me with a mobility cart. Thank You, God. You heard my prayers after all these years! You remembered me.

Now, my dignity is back. No more dirty clothes caked in filth, no more hurting knees that throb and bleed.

This cart is my miracle. I use it to go to my market stall every day, selling vegetables.

I take my children to school myself. God has lifted me lifted us all. My prayers are answered, and my heart is full.

## Joan Mwandime



As Director of Masters Empowerment Therapy Centre, I am thrilled to share this update.

Partners for Care (PFC) donated a standing aid that has transformed our work.

A six-year-old John About, who was cerebral palsy. He could not bear weight before now, he stands for 20 minutes, gaining strength and smiling ear-to-ear. His mother says, "John has improved so much." This one device has served 54 differently abled children with cerebral palsy, spina bifida, and more, building muscle, improving posture, and preventing complications daily.

Thank you, PFC your gift lifts us all.

Roselyne Wamuyu, Director  
Masters Empowerment Therapy Centre

## John About



## Hellen Muthoni

I am Hellen Muthoni, a mother from Nyeri County. A road accident broke my left leg, leaving me dependent on a wobbly, homemade wooden stick.

It was too short and slippery. I hobbled in pain, could not work, play with my children, or even go to church without fear of falling. I felt trapped and hopeless.

PFC gave me a real walking cane: lightweight, adjustable, with a comfy grip and safe tip. Now, I feel strong and free. No more aches or stumbles

This cane is not just a tool; it is my new legs. Thank you, PFC you gave me back my life.



## Getrude Mbeyu



I am Getrude Mbeyu, 42 years old, from Kilifi county.

Polio weakened my legs and I had to on the ground. PFC gave me fitted forearm crutches. Now I walk tall, do my farming, and play freely no pain! I even mentor other women.

I attend church with pride. Neighbors now see me as strong, not helpless. These crutches gave me dignity and a brighter future.

Thank you, PFC.

**“Small acts, when multiplied by millions of people, can transform the world.” – Howard Zinn**

# CONCLUSION



Partners for Care (PFC) extends our deepest gratitude to Mobility Worldwide for the mobility carts and adaptive equipment and FODAC for the generous shipments of adaptive equipment.

These partnerships deliver more than equipment—it's hope, mobility, and second chances.

Beneficiaries ride confidently to work, school, church, and play, while caregivers shed back-breaking burdens to better support their families.

PFC cherishes these collaborators and eagerly anticipates more miracles together, partnering to make dignity mobile across Kenya.

**“Help the life of one person and you can help the community.” – Steven Sawalich (award-winning filmmaker and philanthropist)**

# Thank YOU



Mary Wang'ang'a PFC Mobility carts and devices program director with Community health volunteers during Mel West 2 launch with Julius Njenga

**Let us be grateful to the people who make us happy; they are the charming gardeners who make our souls blossom.' – Marcel Proust (renowned French novelist)**